

# Schlaf-Tablet®

lattoflex

## **Schlaf-Tablet**

### **Use your own heartbeat as solution for sleep disorders**

Studies prove that about 35 percent of all people suffer from sleep disorders. They are left alone between pharmacy and psychiatrist and often, they have been suffering for more than 10 years. After many years of research, Lattoflex, the sleep specialist, has invented a soporific which is inartificial and convincing without any side-effects at the same time: your own heartbeat. With the Schlaf-Tablet, a patented novelty of the company from Northern Germany, the natural rhythm of life will be transferred to the bed.

#### The problem

Sleep is the time of relaxation and regeneration of body, mind and soul which we need urgently for coping with daily life. How important this is becomes obvious when we are not able anymore to reach this state of recreation. According to scientific studies, up to 35 percent of all Western Europeans complain about sleep disorders. The number increases with increasing age. Women suffer more often from sleeplessness than men. The consequences are severe chronic psychical and mental discomfort, like depressions or anxiety state.

#### The solution

Extensive research and development in the field of sleep is the base of the success of Lattoflex: Many inventions and patents of the company influence the standards of bed systems still to this day. Therefore it is not surprising that Lattoflex now offers a simple but effective solution for people with sleep disorders: the Schlaf-Tablet.

In long-term cooperation with sleep scientists and laboratories, Lattoflex is able to prove scientifically that the feedback of the own heartbeat has a positive effect on the sleep. The natural rhythm will be transmitted to the sleeper in terms of minimal side movements. With similar movements that mothers calm their babies is intuitively when holding them in there arms.

#### The Schlaf-Tablet

The revolutionary aid to fall asleep looks inconspicuously, flat as a tray and fits under each bed. The core secret is hidden in the inside: The Lattoflex engineers have been able to fold the pendulum several times up to a height of 12 cm and to place it under the foot and top of the bed. Via the pendulum, the own heartbeat lets the bed swing in minimal, almost not noticeable lateral movements. The soft movement, syntonized to the own inner beat, has a positive effect on the sleep: The time to fall asleep is shortened, the sleeping through is improved and deeper which means more relaxing sleep phases are the consequence which have been proven by scientific studies.

These effects appear after two to three weeks and stabilize itself after five to six weeks. This is the period, Lattoflex offers its customers for testing. They grant six weeks testing and if you do not like it, you will get your money back. The Schlaf-Tablet is

offered in five sizes and fits under each bed. In its discreet grey, it disappears optically under the bed. With the help of the lock, the Schlaf-Tablet can be fixed easily with the foot. There is now nothing getting in the way of a peaceful night!

SCHLAF-TABLET - patented throughout the world for the people of the world!